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## SPREAD THE BREAD ON NATIONAL SOUP DAY

Breadline Africa will Spread the Bread on National Soup Day, which is celebrated across the country during Child Protection Week on 31 May. In a show of support for the national campaign, a container soup kitchen, refurbished and placed by the local NGO, will help feed more than 500 Lost City, Mitchell's Plain, residents, of which 300 are children. Food hampers will be distributed to elderly residents attending the event. "The children and the elderly are the most vulnerable, a cup of soup and a slice of bread can make a big difference to their day, especially during the cold winter months," projects officer for Breadline Africa, Edna Titus said. As winter settles across the country, the homeless and disadvantaged are the first to feel the cold. According to a Statistics SA 2012 report, nearly one fifth of South African children live in orphan-headed households. The report found that low household income significantly contributed to insufficient access to adequate food and increased hunger, adding further support to a Medical Research Council survey, which estimates that approximately 11-million South Africans do not know where their next meal will come from. "By taking part in National Soup Day, we are playing a small but integral role in the fight against poverty," Titus said. "A tummy full of food is as important as having a roof over your head. A lot of the Lost City residents don't know where their next meal will be coming from, the food parcels will give them some assistance and reprieve in winter and a cup full of hot soup, will fill them up just for today." A core focus of Breadline Africa is to renovate disused shipping containers and recycle them for essential community purposes. Since their establishment in 1993, Breadline Africa has provided over 200 containers to poverty stricken areas. The NGO's Spread the Bread initiative will assist with feeding impoverished communities during the chilly winter months. "With temperatures dropping and winter literally being on our doorstep, Breadline Africa is delighted to take part in National Soup Day," Edna Titus said.



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